

Growing Home GAZETTE

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A NEWSLETTER OF THE FOUNDATION FOR APPALACHIAN OHIO

STEPPING UP TO SUPPORT FAMILIES

Sarah Winters knows the stories of families who are struggling to care for their children all too well. When she worked as Developmental Disabilities Superintendent in Perry and Hocking counties, she saw families using coffee creamer when they had run out of baby formula, Pampers being reused between changings, and parents trying their hardest to create a safe place for their children to grow and learn. While working with the families, Sarah wished there was more that could be done.

So after her retirement, Sarah created a fund at FAO to give families more support and now she is planning for the fund's future through a planned gift in her will.

Sarah spent much of her career serving families in Perry and Hocking counties. Her work served as the inspiration for the Supporting Families Fund. Sarah decided to create a fund because she saw how she could ensure the dollars would go to what she values. She knew that there were already dollars for programs and training. She also knew that when a counselor would meet with a family and see a need for a safety gate, a crib, or a toy, that there weren't dollars to help.

“Everybody always thinks there will be somebody else. There's not always a somebody else. I can be that somebody else.”

Sarah Winters



She wanted to support families and give those who are working with them every day the ability to identify a need and fill it. The organizations that turn these grant awards into support for families informally call these flexible dollars “The Sarah Fund.”

Creating a fund at FAO has allowed her to focus these grant dollars and what they can make possible for families. Since the Fund started making grants in 2013, it has helped parents get the work pants they need to start a new job, given developmentally-appropriate toys to children, ensured a safe sleeping space for babies with Pack ‘n Plays, and helped families with babyproofing equipment, among many other investments.

“Poor people love their kids just as much as anyone else and I've been blessed financially so I can share,” is how Sarah explains her drive to give families the tools they need for their children. “If everybody would share a little bit, life would be easier for everyone.”

Now Sarah has planned for the future by leaving a percentage of her estate to the Supporting Families Fund.

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HOW MEIGS COUNTY IS COMING

Today, the Meigs County Community Fund is preparing to award its first \$5,000 in grants to support nonprofits, schools, and communities. Through a new campaign, they are working to grow that number nearly five times over.

Before the Meigs County Community Fund, many charitable gifts were leaving the community. When residents wanted to make a gift that would benefit the whole community for the long-term, they were looking for partners outside of the county who might have been able to help them. Now, with a fund focused on benefitting Meigs County by investing in its nonprofits, schools, and students, they can give back to Meigs County *in* Meigs County.

And they are launching a bold campaign that will not only make history, but celebrate it too. Endow 200 will celebrate Meigs County's 200th birthday by bringing together 200 gifts of \$3,000 each. With gifts stretching over five years that means anyone can be a part of the effort for just \$50 a month. These dollars will go into a permanent endowment that will allow the Meigs County Community Fund to make grants each year while also growing the dollars available for the community.

"Throughout Meigs County, novel ideas and elbow grease are working to expand

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MAKING A DIFFERENCE IN MEIGS COUNTY IN 2017

The Meigs County Community Fund's Family of Funds has already awarded more than \$10,000 this year through three funds focused on Meigs County citizens:

- The New Haven School Fund awarded grants to support music education, technology in kindergarten classrooms, and professional development for teachers.
- Four graduates of Meigs High School received scholarships for three years of post-secondary education through the Forrest Bachtel Scholarship Fund.
- The Meigs County District Public Library received a grant to support library services thanks to the William P. and Janet M. Betcher Endowment for Library Services.

STEPPING UP TO SUPPORT FAMILIES *continued from page 1*

With five nephews and a niece, Sarah began by planning for family through her estate, but she knew that she wanted her commitment to giving to others to continue beyond her lifetime as well.

"My family knows what I spent my life doing and what I'm interested in so they will be pleased that I thought of other things in addition to them."

With the gift through Sarah's estate, the Supporting Families Fund that she created today will make sure that generations of families and children have a leg up because of "The Sarah Fund."

Are you interested in giving back to the organization, school, or mission closest to your heart?

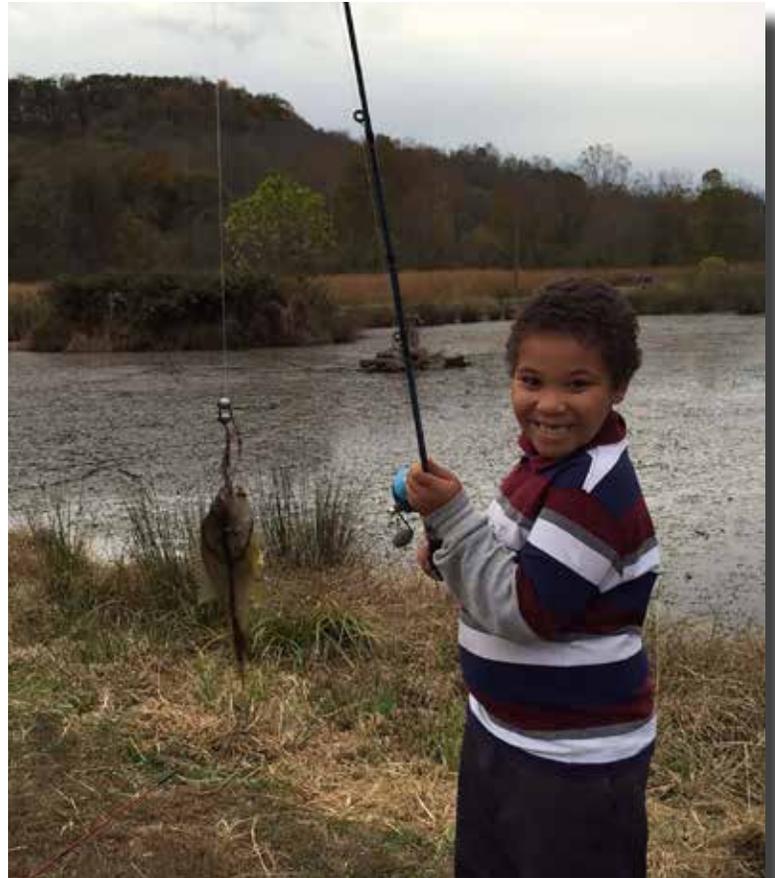
FAO is pleased to be able to share a resource to help you plan your future gifts. Visit FAO's homepage at www.AppalachianOhio.org and click "Give Tomorrow" on the top right to experience this new tool for helping you plan your giving to *what's closest to your heart.*

TOGETHER TO MAKE A DIFFERENCE

opportunities for our neighbors,” said Jennifer Sheets, a committee member of the Meigs County Community Fund. “By launching Endow 200, the Meigs County Community Fund will be able to invest homegrown dollars into ideas that will have an impact on our local communities.”

Whether you call Meigs County home today or are looking to give back to a place where you grew up, everyone now has the chance to make a difference in Meigs for generations.

More Meigs County students and citizens will benefit from the grants made possible by the Endow 200 campaign.



Where else are local communities working with FAO on growing philanthropy?

Meigs is one of nine communities where FAO is partnering with local committees to grow local foundation funds where they never existed before.

To learn more about the Meigs County Community Fund and its *Endow 200* campaign, please call 740.753.1111 or visit www.AppalachianOhio.org/Meigs.

EVERY SCHOLARSHIP, AN OPPORTUNITY

In 2017, FAO awarded more than 270 scholarships to support our region's students.
Every scholarship awarded honors a legacy and empowers each student who received a scholarship to create a new one.

NICOLE

The Illustrator

CHRIS

The Counselor

SCHOLARSHIP
Wayne F. White and Bob Evans Legacy Scholarship

YEAR IN SCHOOL
Freshman

FUTURE GOAL
To make fantasy worlds reality through illustration in novels and greeting cards.

COLLEGE
Columbus College of Art & Design (CCAD)



SCHOLARSHIP
Bellisio Foods Scholarship

YEAR IN SCHOOL
Senior Coun-

FUTURE GOAL
To support young adults as a school counselor as they take the next steps in their lives.

COLLEGE
Ohio University



WANT TO CREATE A SCHOLARSHIP?

1. Call FAO at 740.753.1111 to discuss your ideas.

2.

EACH STUDENT, NEW POSSIBILITIES FOR A REGION

We take pride in our recipients and the distinct stories behind each scholarship fund. The Foundation for Appalachian Ohio is honored to support **52 donor-established scholarship funds** and the scholars, artists, and health professionals our students will become.

DESIREE The Nurse

GERRAD The Youth Minister/Engineer

SCHOLARSHIP
Susan K. Ipacs
Nursing Legacy
Scholarship

YEAR IN SCHOOL
Second Year
Nursing

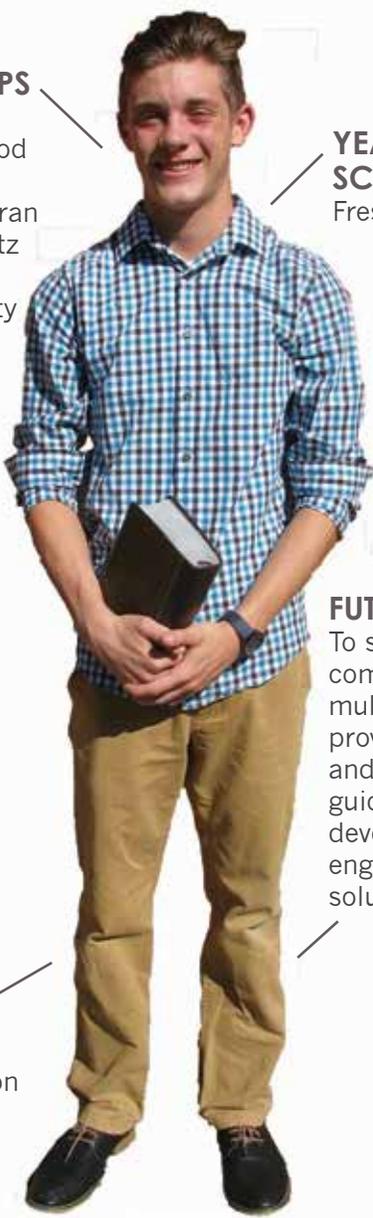


FUTURE GOAL
To help kids live
healthy lives as a
nurse practitioner.

COLLEGE
Hocking College

SCHOLARSHIPS
Lester D. and
Thelma I. Ellwood
Educational
Scholarship, Loran
and Shirley Stutz
Scholarship,
Guernsey County
Education
Assistance
Grant Fund
Scholarship

YEAR IN SCHOOL
Freshman



FUTURE GOAL
To serve a
community in
multiple ways by
providing kids
and teens with
guidance while
developing new
engineering
solutions.

COLLEGE
Mount Vernon
Nazarene
University

Make a gift today or through a planned gift of \$50,000 or more to establish a new scholarship.

3. See your scholarship fund make a difference for the region's students!



GIVE. GROW. CREATE. THROUGH THE PILLARS



Arts &
Culture
Fund



Community
& Economic
Development
Fund



Education
Fund



Environmental
Stewardship
Fund



Health &
Human
Services Fund

FAO is focused on five program areas that we know can help us all create a region abundant in possibility. The five *Pillars of Prosperity* are guiding FAO's grantmaking as we look for promising projects and organizations across our 32 counties.

Here's a look at two Pillar programs that are just getting started...

COMMUNITY & ECONOMIC DEVELOPMENT PILLAR: NONPROFIT CAPACITY

Nonprofits and other organizations with social good as their mission often struggle to fund their work. But, these organizations are finding creative ways to support their missions that we might not notice at first. A senior services provider in Meigs County used its senior meals program to create a bakery and catering business to earn the dollars necessary to strengthen services provided not just to seniors, but to the larger community.

FAO is one partner in a new way of helping these organizations build more capacity for innovative ventures. We are helping them find ways to grow and sustain their work through social enterprise, earning dollars through a "business" model to help them do more good.



HEALTH & HUMAN SERVICES PILLAR: SUBSTANCE ABUSE AND ADDICTION PREVENTION

We all know the challenges people are facing with substance abuse and addiction across our state and especially in Appalachian Ohio are severe and complex. FAO has been learning about prevention efforts at work in our region and state. We are now in the process of planning an initiative around prevention education, focused on and in partnership with our region's youth. We plan to launch the initiative later this fall.

DOUBLING YOUR DOLLARS!

Your gift to the Pillars will be doubled through a generous partnership with Ohio CAT.

This means you can also open a named fund under your favorite Pillar for just \$5,000!

Do you have a bright spot to share in our region? Do you know an organization adopting social enterprise principles? FAO's Programs team wants to hear from you! Contact us at 740.753.1111 or email listening@ffao.org to share your ideas.

MAKING YOUR RETIREMENT FUNDS WORK FOR A REGION

Terry Fleming is a true child of Appalachia and it will always be the place he calls home. Though he lives in Columbus now, Terry grew up in Marietta and his commitment to Appalachian Ohio, especially its children, connected him to the Foundation for Appalachian Ohio.

After he retired, he was looking for a simple way to give back to Appalachian Ohio to ensure that kids like him not only have access to more opportunities, but know they are just as capable as a kid anywhere else. That's when his financial advisor told him about the IRA Charitable Rollover and how it could help him make a difference.

Starting at age 70 1/2, individuals with IRAs are required to make a minimum distribution annually. The IRA

Charitable Rollover allows these individuals to make a qualified charitable distribution of up to \$100,000, tax-free, from a traditional IRA to a charity like FAO.

“For those who are able, it’s a way to give to what’s most important to you while also getting a tax benefit. For me, that means giving back to Appalachian Ohio.”



Read Terry’s full story at www.AppalachianOhio.org.

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In addition to FAO’s Board, our mission is made possible by more than 100 volunteers who represent the broad diversity of our region. If you would like to make a difference in Appalachian Ohio by volunteering with FAO, please contact us at 740.753.1111





CREATING OPPORTUNITIES WITH SPACE TO COLLABORATE

Part of our mission at FAO is to connect organizations that are serving Appalachian Ohio's citizens and communities. At FAO we now have a new way to do that. We've expanded our office to create convening space to better serve nonprofit and community organizations in their work. We all know that when we work together we can make a much bigger difference in what's close to our heart.



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